

Target volumes in H&N tumors: what are the needs for modern treatments

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IMRT/VMAT in Head and Neck Tumors



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Review article

Selection and delineation of lymph node target volumes in head and neck conformal radiotherapy. Proposal for standardizing terminology and procedure based on the surgical experience

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Grégoire et al, R&O, 2000

Clinical Target Volumes (CTV) delineation in the neck



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Radiotherapy and Oncology

journal homepage: www.thegreenjournal.com



Original article

Delineation of the neck node levels for head and neck tumors: A 2013 update. DAHANCA, EORTC, HKNPCSG, NCIC CTG, NCRI, RTOG, TROG consensus guidelines [☆]

Vincent Grégoire ^{a,*}, Kian Ang ^b, Wilfried Budach ^c, Cai Grau ^d, Marc Hamoir ^e, Johannes A. Langendijk ^f, Anne Lee ^g, Quynh-Thu Le ^{h,i}, Philippe Maingon ^j, Chris Nutting ^k, Brian O'Sullivan ^l, Sandro V. Porceddu ^m, Benoit Lengele ⁿ

Clinical Target Volumes (CTV) delineation in the neck

Radiotherapy and Oncology 134 (2019) 1–9



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Selection of lymph node target volumes for definitive head and neck radiation therapy: a 2019 Update



Julian Biau^{a,b,*}, Michel Lapeyre^b, Idriss Troussier^a, Wilfried Budach^c, Jordi Giralt^d, Cai Grau^e, Joanna Kazmierska^f, Johannes A. Langendijk^g, Mahmut Ozsahin^a, Brian O'Sullivan^h, Jean Bourhis^{a,1}, Vincent Grégoire^{i,*}

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IMRT/VMAT in Head and Neck Tumors

Primary Tumour Clinical Target Volumes (CTV_p)



Contents lists available at [ScienceDirect](#)

Radiotherapy and Oncology

journal homepage: www.thegreenjournal.com



Original article

Delineation of the primary tumour Clinical Target Volumes (CTV-P) in laryngeal, hypopharyngeal, oropharyngeal and oral cavity squamous cell carcinoma: AIRO, CACA, DAHANCA, EORTC, GEORCC, GORTEC, HKNPCSG, HNCIG, IAG-KHT, LPRHHT, NCIC CTG, NRG Oncology, PHNS, SBRT, SOMERA, SRO, SSHNO, TROG consensus guidelines





Vincent Grégoire^{a,*}, Mererid Evans^b, Quynh-Thu Le^c, Jean Bourhis^d, Volker Budach^e, Amy Chen^f, Abraham Eisbruch^g, Mei Feng^h, Jordi Giraltⁱ, Tejpal Gupta^j, Marc Hamoir^k, Juliana K. Helito^l, Chaosu Hu^m, Keith Hunterⁿ, Jorgen Johansen^o, Johannes Kaanders^p, Sarbani Ghosh Laskar^j, Anne Lee^q, Philippe Maingon^r, Antti Mäkitie^s, Francesco Micciche^t, Piero Nicolai^u, Brian O'Sullivan^v, Adela Poitevin^w, Sandro Porceddu^x, Krzysztof Skłodowski^y, Silke Tribius^z, John Waldron^v, Joseph Wee^{aa}, Min Yao^{ab}, Sue S. Yom^{ac}, Frank Zimmermann^{ad}, Cai Grau^{ae}



Where to go from here? GTV primary tumors

Automatic AI-based GTV delineation

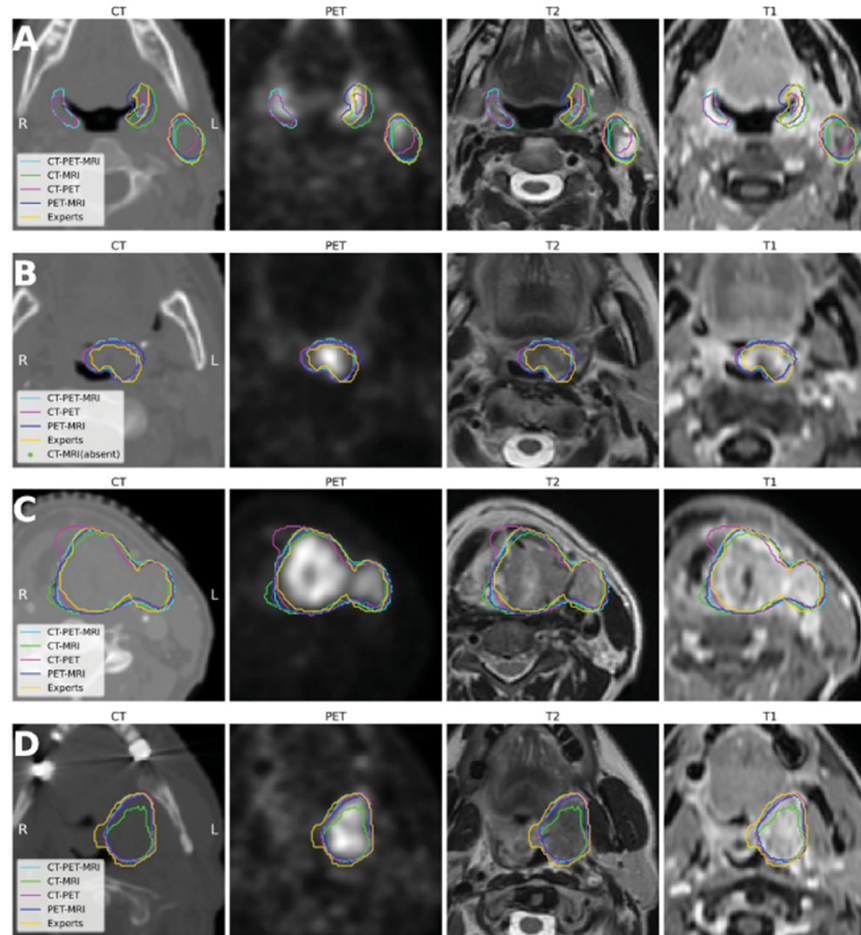
Comparing different CT, PET and MRI multi-modality image combinations for deep learning-based head and neck tumor segmentation

Jintao Ren^{a,b,c} , Jesper Grau Eriksen^{a,d} , Jasper Nijkamp^{a,b,*}  and Stine Sofia Korreman^{a,b,c,*} 

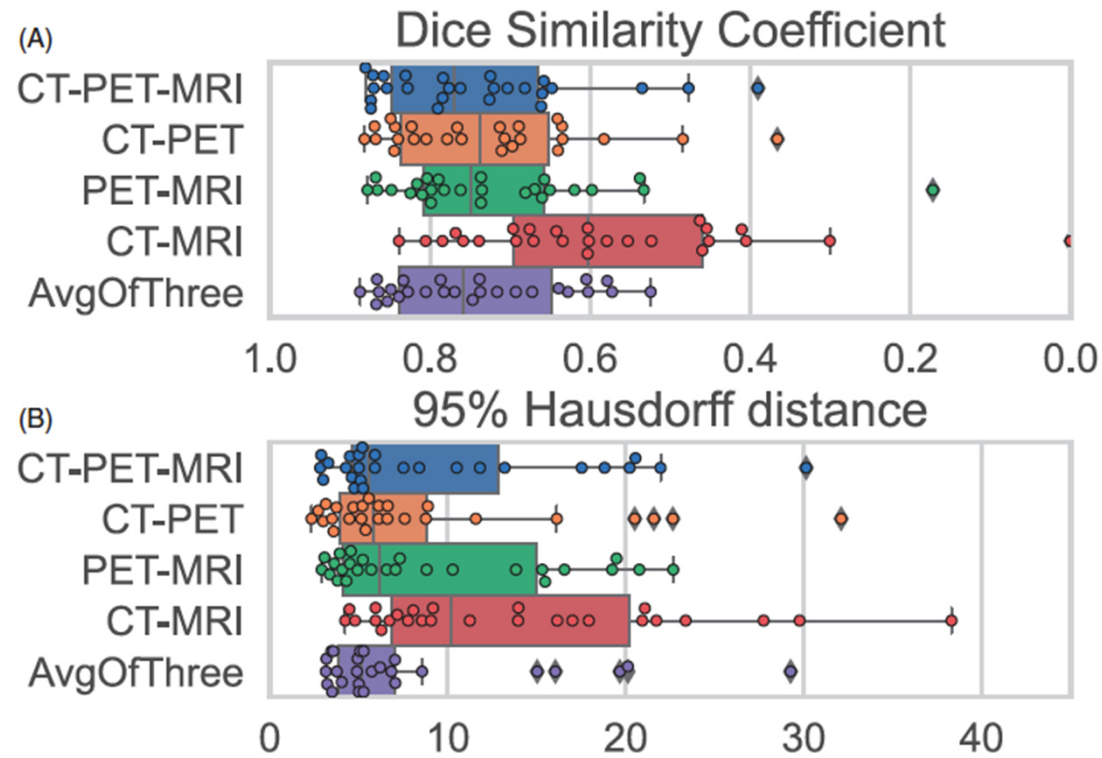
^aDepartment of Clinical Medicine, Aarhus University, Aarhus, Denmark; ^bDanish Centre for Particle Therapy, Aarhus University Hospital, Aarhus, Denmark; ^cDepartment of Oncology, Aarhus University Hospital, Aarhus, Denmark; ^dDepartment of Experimental Clinical Oncology, Aarhus University Hospital, Aarhus, Denmark

- 153 patients with pharyngo-laryngeal SCC
- 60% T1-T2; 75% N⁺
- CT, coronal MRI-T1, axial MRI-T2, mDixon MRI, FDG-PET acquired with an immobilization mask

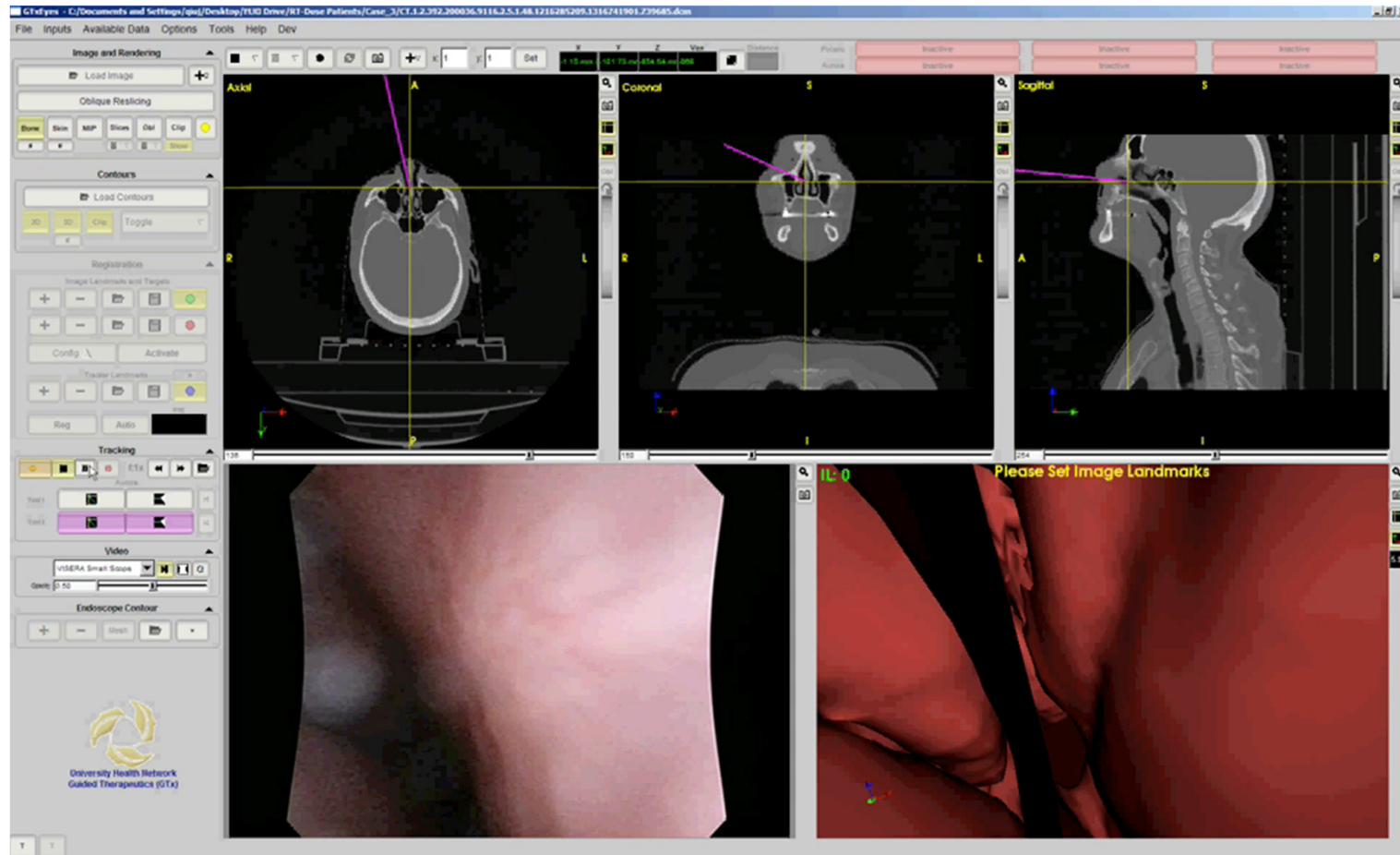
Automatic AI-based GTV delineation



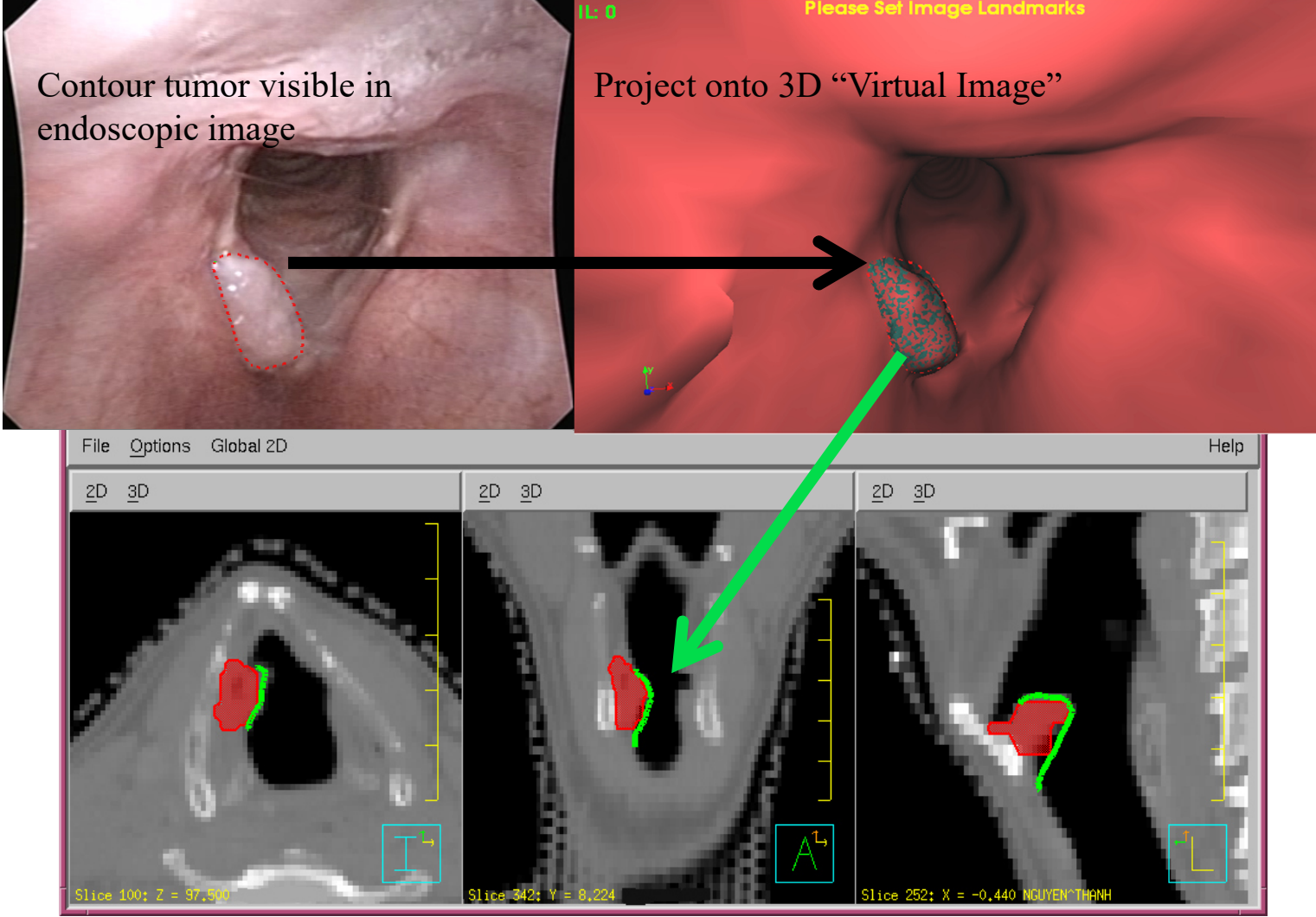
Automatic AI-based GTV delineation



And in the “foreseeable” future... Augmented reality?



Endoscopic Contouring



Where to go from here? CTV primary tumors

From primary tumor GTV to CTV

Geometrical margins

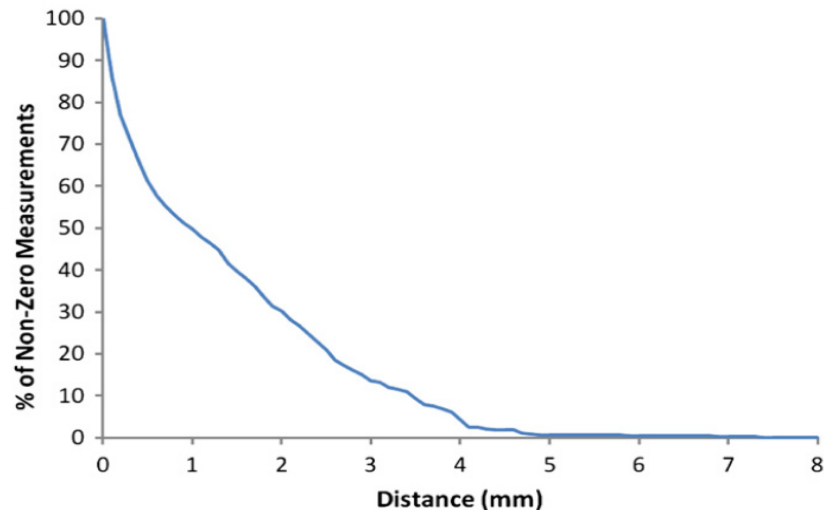


Fig. 8. Graph showing the percentage of nonzero measurements against distance from the gross tumor volume.

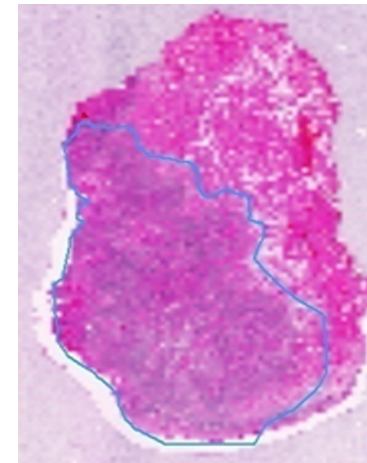
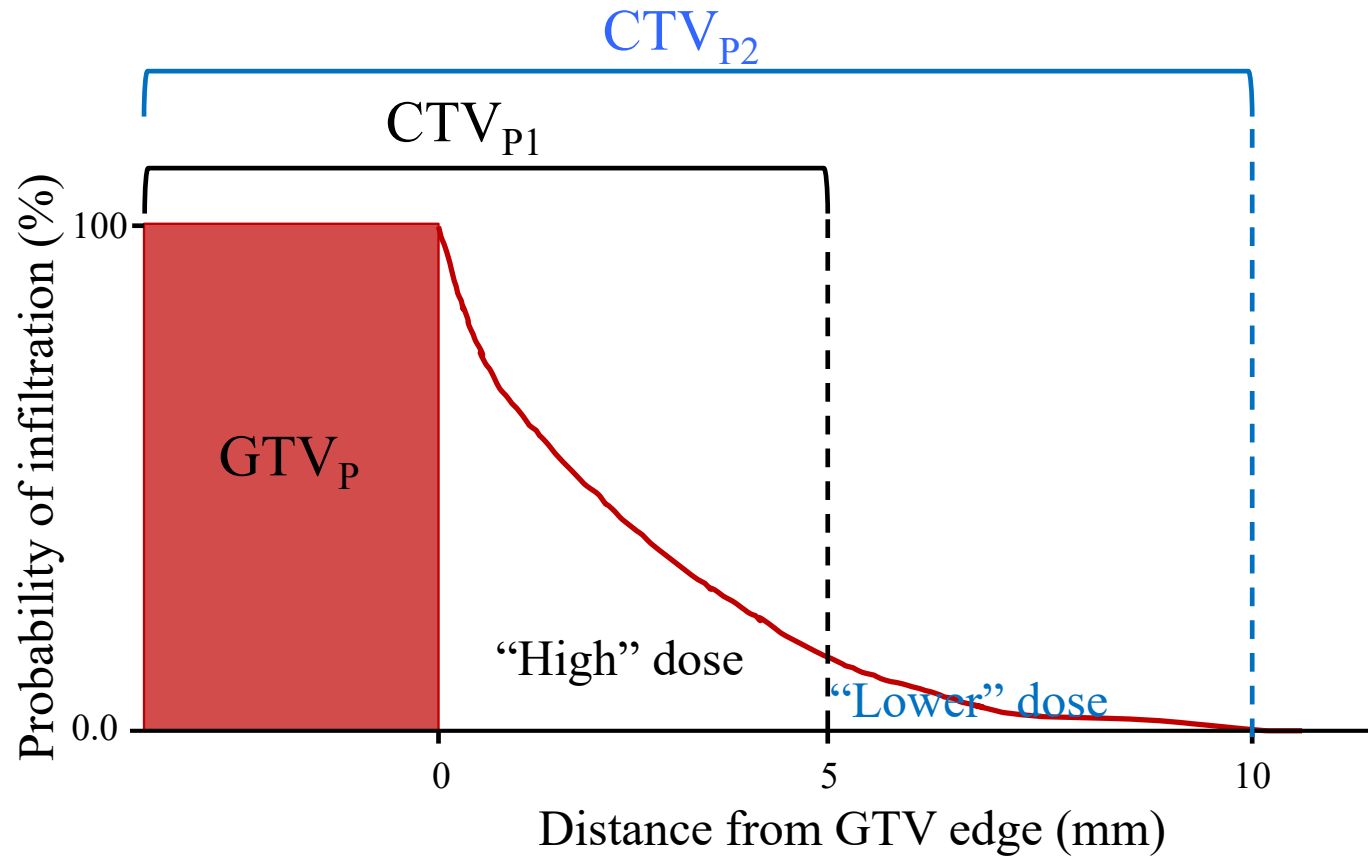


Fig. 4. Image at $\times 4$ magnification and naked eye resolution with gross tumor volume contoured in blue.

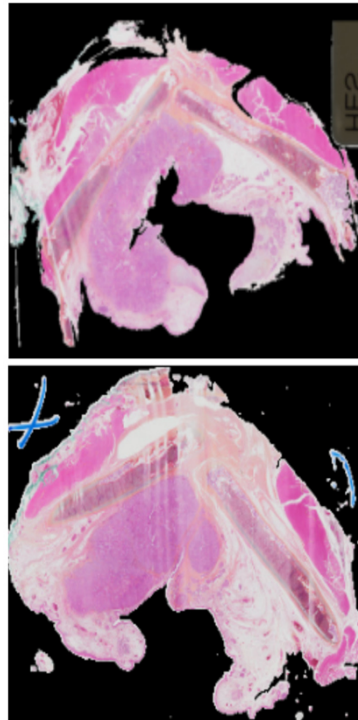
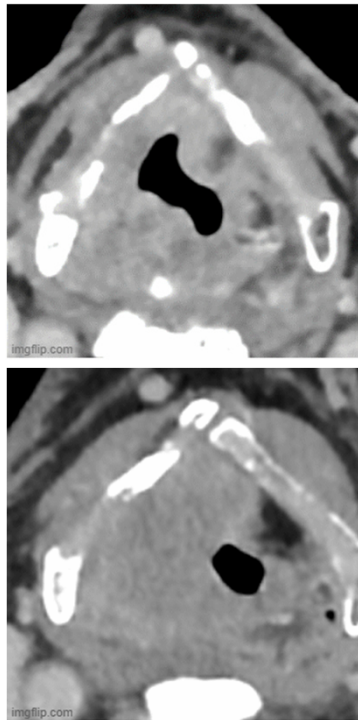
Of 88 slides from 10 patients with oral cancers, 44 (50%) had signs of microscopic extension. The maximum distance from the border was 7.8 mm. Ninety-nine percent of all MD was within 4.75 mm and 95% was within 3.95 mm of the GTV.

From primary tumor GTV to CTV

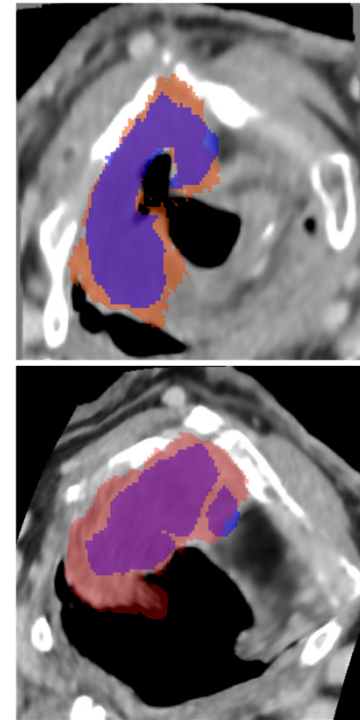


From primary tumor GTV to CTV

AI-based target volume delineation



Pathologic specimen



Registration of CT and histology

Where to go from here? CTV neck nodes

Neck irradiation

- How could neck irradiation evolve in the coming years?
 - Personalization of the selection of the elective neck node levels
 - Automatic target volume delineation

Personalization of the selection of the elective neck node levels

IOP Publishing

Phys. Med. Biol. **64** (2019) 165003 (17pp)

<https://doi.org/10.1088/1361-6560/ab2a18>

Physics in Medicine & Biology



PAPER

A Bayesian network model of lymphatic tumor progression for personalized elective CTV definition in head and neck cancers

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Keywords: CTV, Bayesian network, head and neck cancer, lymph nodes, elective nodal irradiation

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Unkelbach, R&O, 2020

Personalization of the selection of the elective neck node levels



Radiotherapy and Oncology
Volume 153, December 2020, Pages 15-25



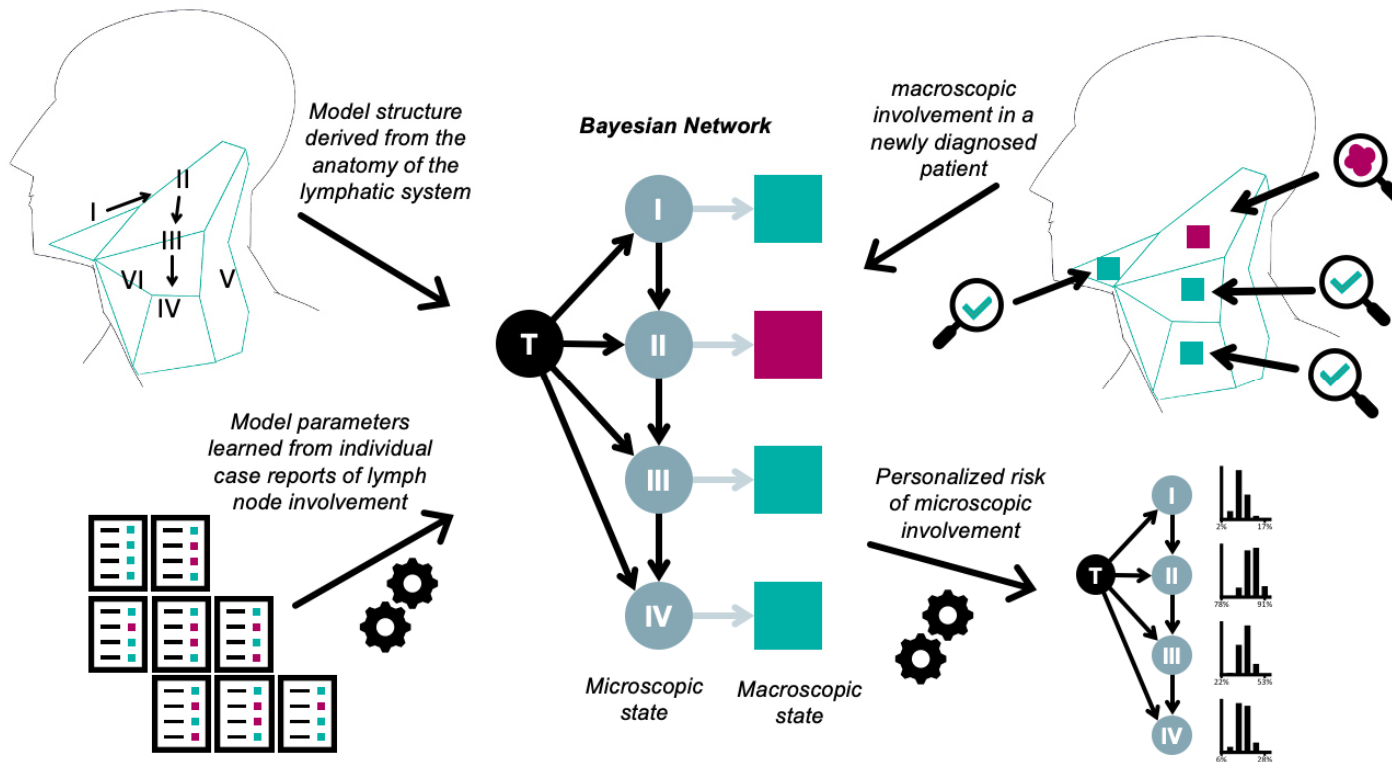
Review Article

The role of computational methods for automating and improving clinical target volume definition

Jan Unkelbach ^a  , Thomas Bortfeld ^b, Carlos E. Cardenas ^c, Vincent Gregoire ^d, Wille Hager ^e, Ben Heijmen ^f, Robert Jeraj ^g, Stine S. Korreman ^h, Roman Ludwig ^a, Bertrand Pouymayou ^a, Nadya Shusharina ^b, Jonas Söderberg ⁱ, Iuliana Toma-Dasu ^e, Esther G.C. Troost ^{j, k, l}, Eliana Vasquez Osorio ^m

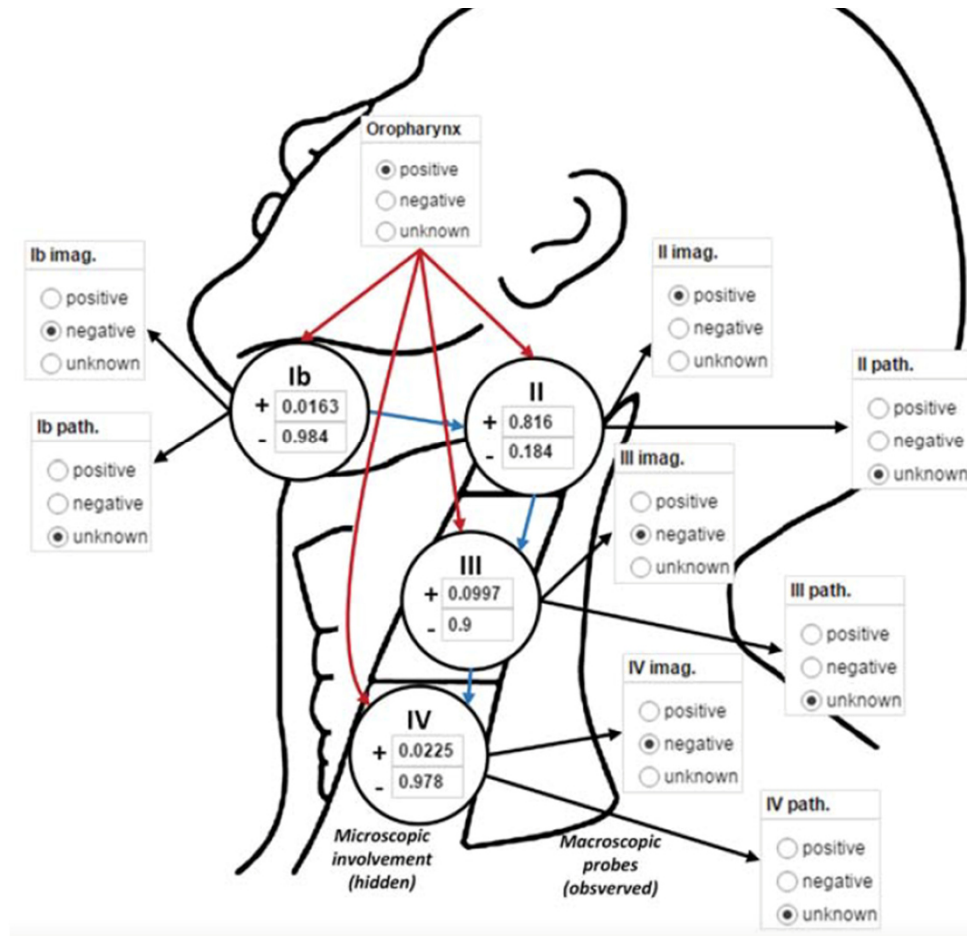
Personalization of the selection of the elective neck node levels

From population-based to individual probability



Personalization of the selection of the elective neck node levels

From population-based to individual probability



Optimization of the selection of the elective neck node levels

Meta-analyses of the Negative Predictive Value of different imaging modalities for neck staging

Author	# necks	N-staging	CT	MRI	FDG-PET	US-FNA	SLN
Kyzas, 2008	1236	N0 & N ⁺	0.92	0.94	0.95	0.87	-
Lian-Ming Wu, 2012	878	N0 & N ⁺	-	0.93* (0.96 for DW-MRI)*	-	-	-
Thompson, 2013	766	N0 & N ⁺	-	-	-	-	0.96 (0.94-0.99)
Li-Jen Liao, 2016	181-2469	N0	0.87	0.88	0.87	0.90	0.96

*NPV were calculated for a prevalence of 0.2

Optimization of the selection of the elective neck node levels



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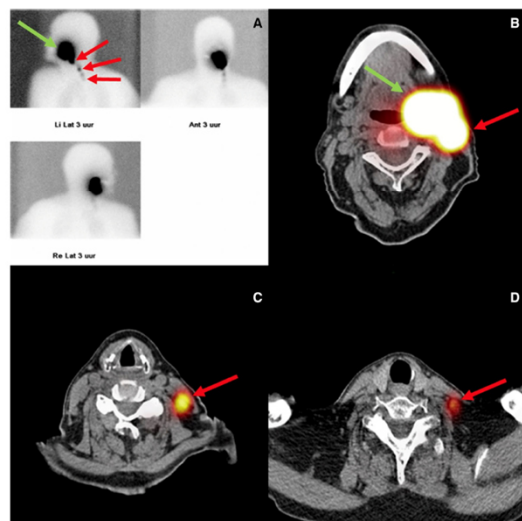
Radiotherapy and Oncology

journal homepage: www.thegreenjournal.com



Original Article

SPECT/CT-guided elective nodal irradiation for head and neck cancer is oncologically safe and less toxic: A potentially practice-changing approach



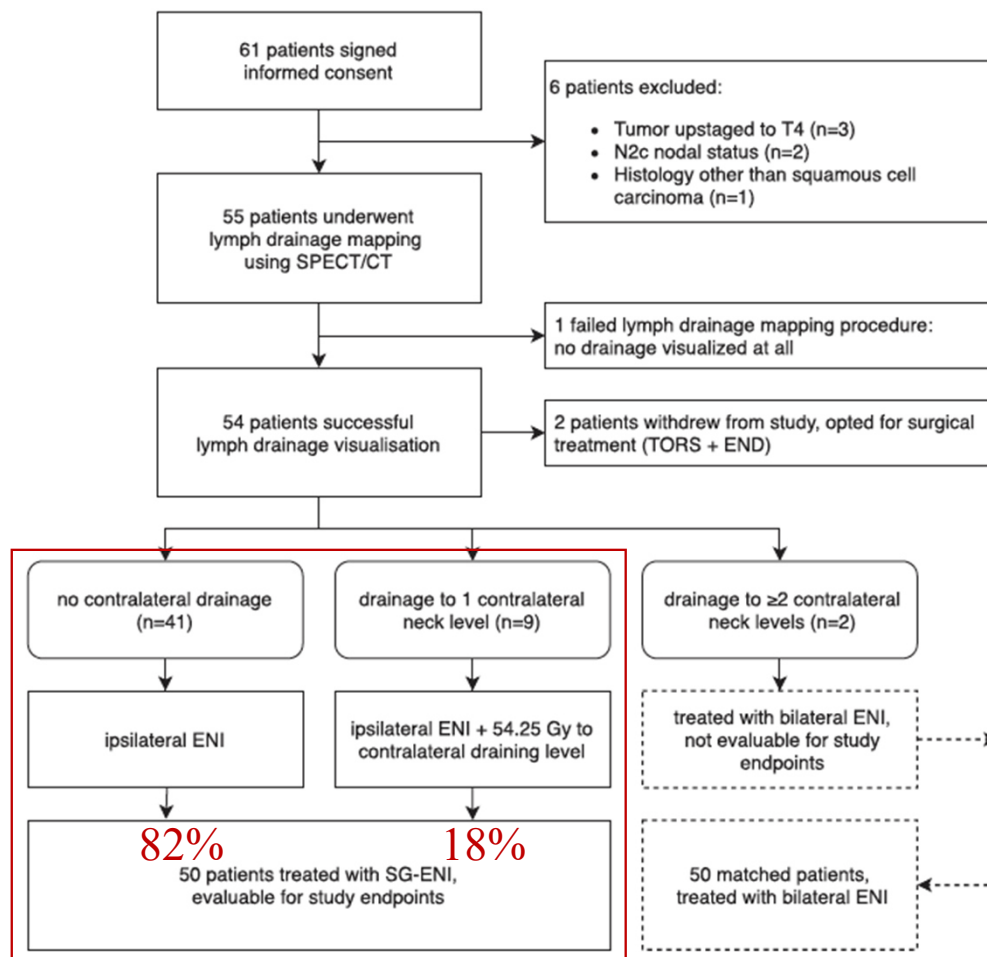
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de Veij Mestdagh et al, R&O, 2020

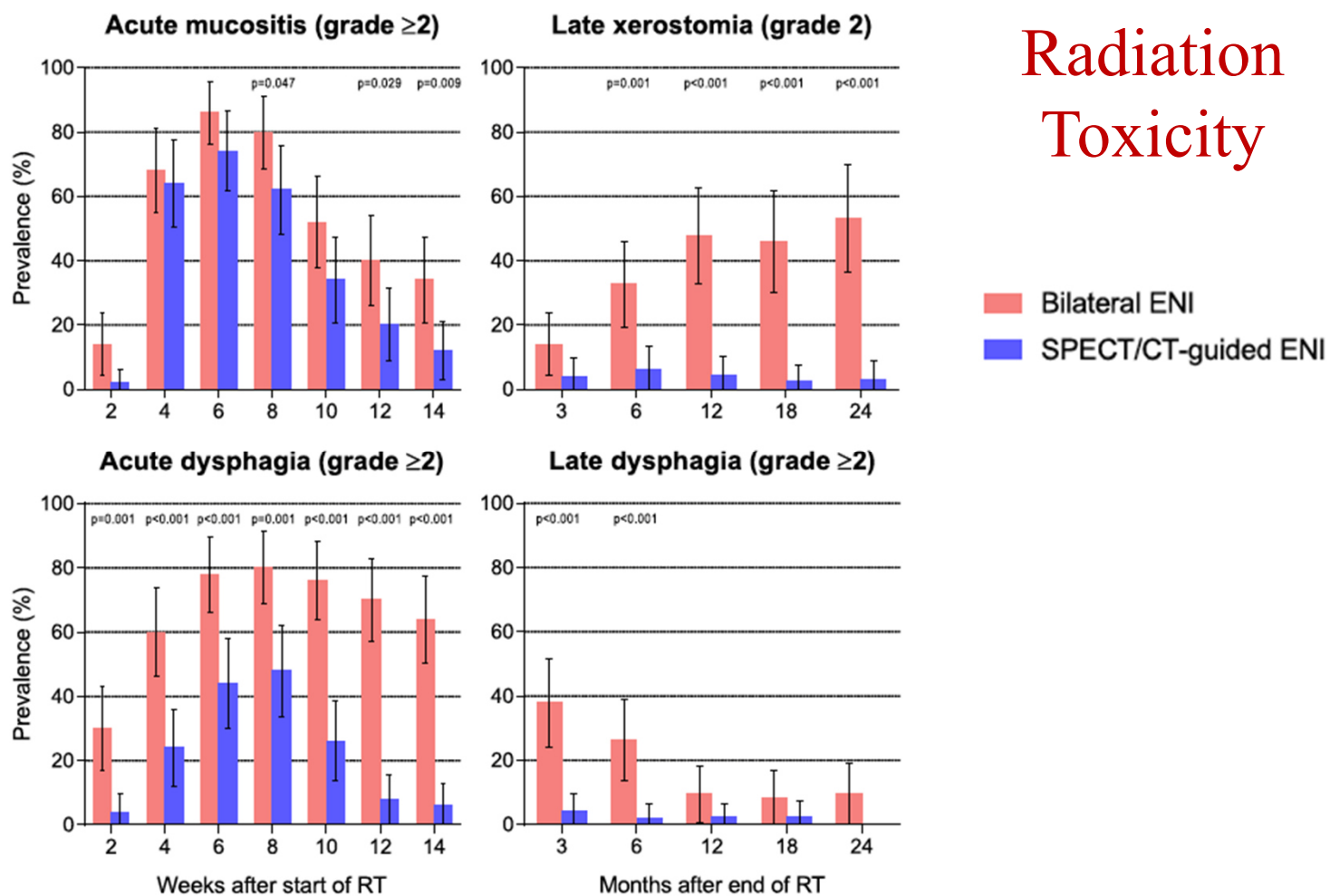
Optimization of the selection of the elective neck node levels

- #pts = 50; 2015-2017
- SCC of oral cavity, oropharynx (p16⁺ and p16⁻), hypopharynx, larynx not crossing the midline
- Any T (except T1 glottic), any N (except N2c and N3)
- Stage I-II (24%) and III-IV (76%)
- VMAT, 70 Gy / 54.25 Gy ± concomitant CH (20%)
- Matched pair cohort of patients with bilateral neck irradiation

Optimization of the selection of the elective neck node levels

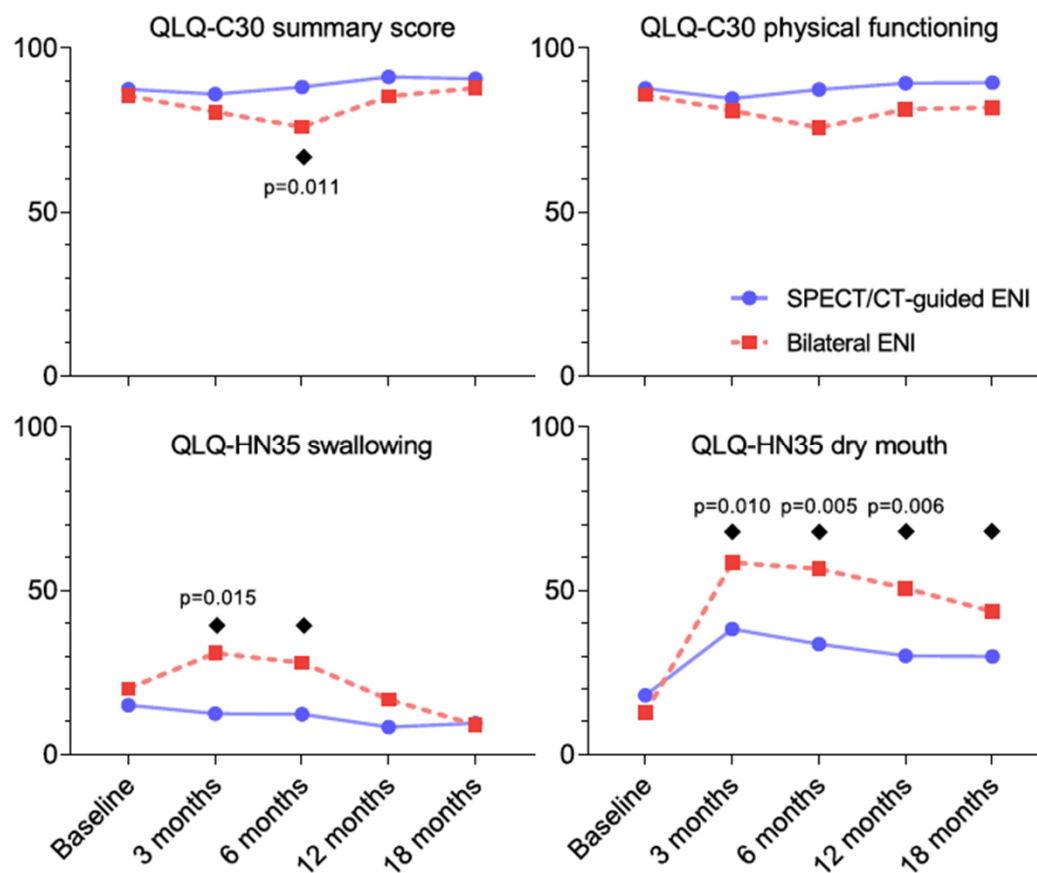


Optimization of the selection of the elective neck node levels



Optimization of the selection of the elective neck node levels

Quality of Life (EORTC scale)



Optimization of the selection of the elective neck node levels

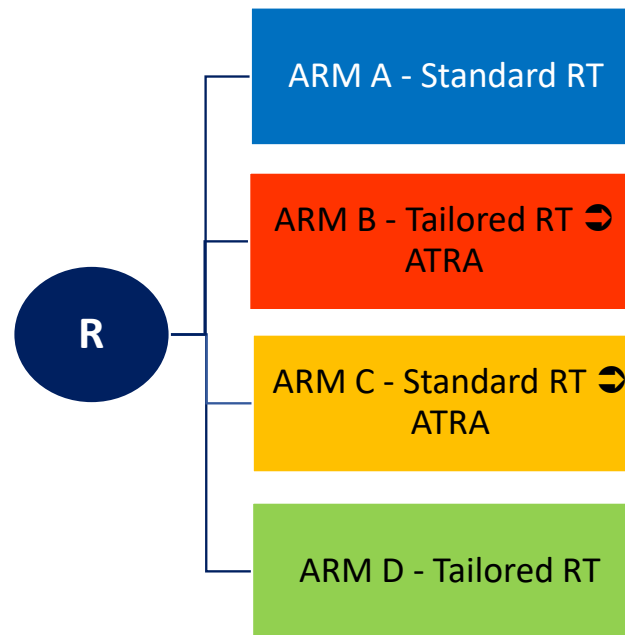
Outcome

Endpoint	
2-year incidence of local failure	4.3% (95% CI: 0-10%)
2-year incidence of regional failure	4.0% (95% CI: 0-9%)
2-year incidence of distant failure	8.6% (95% CI: 0-16%)
2-year overall survival	81.6% (95% CI: 71-95%)

Optimization of the selection of the elective neck node levels

Concept validation

- Adult pts with primary head and neck tumor up to, but not crossing the midline, previously untreated with histologically-confirmed squamous cell carcinoma of
 - the oropharynx p16⁻, larynx or hypopharynx : T1/N2a-N2b, T2/N0-N2b, T3/N0-N2b (UICC 8th ed)
 - the oropharynx p16⁺ : T1/N1 (multiple nodes), T2-T3/N0-N1 (UICC 8th ed)
- Unilateral lymph node drainage i.e. ipsilateral sentinel node mapping, or non-contralateral FDG-PET/CT
- Amenable to treatment with RT or concomitant chemo-radiotherapy



Primary endpoint

- Event free survival

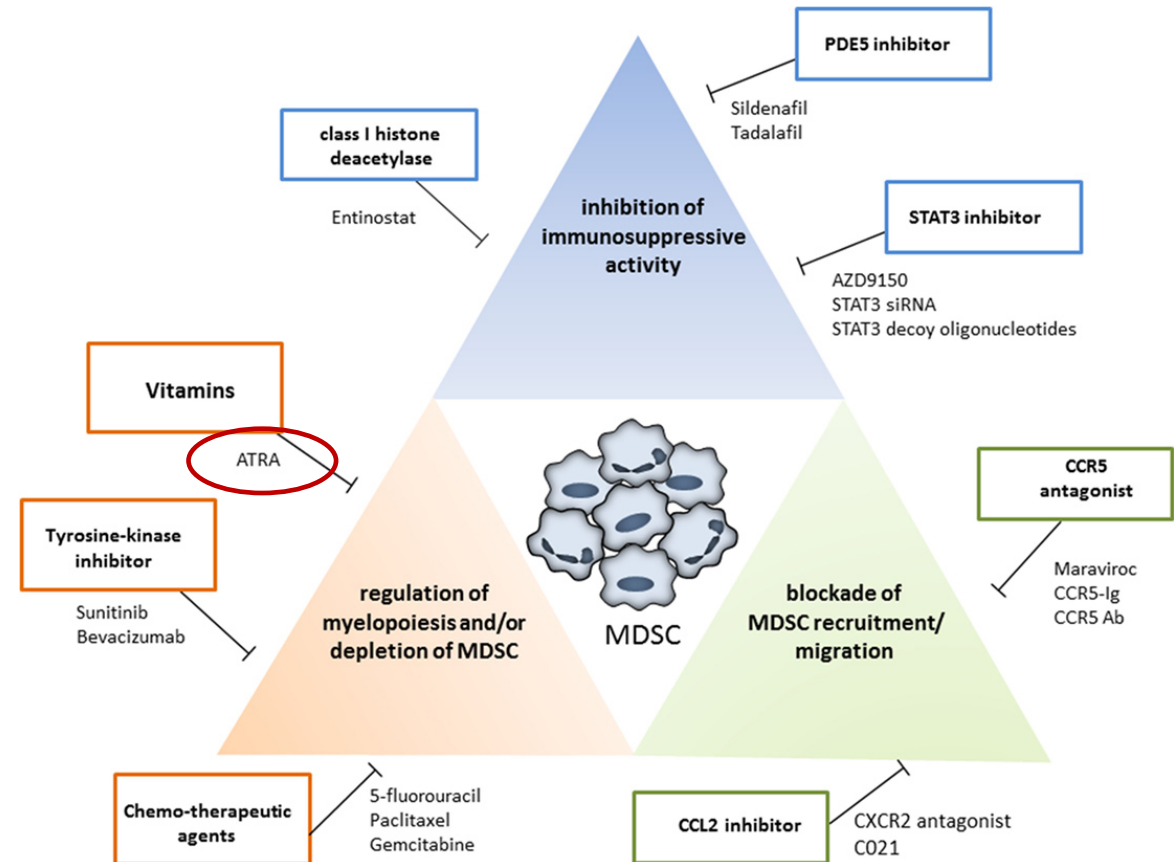
Secondary endpoints

- Local relapse Free survival
- Regional relapse free survival
- Metastase free survival
- Overall survival
- Rate of pathologically positive lymph nodes at neck node dissection performed at 4 months after the completion of (chemo)-radiotherapy
- Safety according to NCI-CTCAE V5.0
- Patient 'QoL (EORTC QLQ-C30, HN-43)

Optimization of the selection of the elective neck node levels

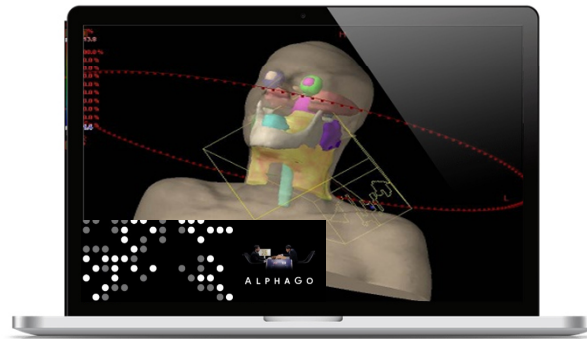
Myelo-Derived Suppressor Cells (MDSC)

- Immature myeloid cells
- Immuno-suppressive function
- Inhibition of T-cells and NK-cells
- Stimulate angiogenesis and promote metastatic niches
- Enrichment of MDSC correlated with worse outcome



Could AI-based software further improve human-based processes?

What can our AI actually do?



1



Plan preparation

Multi-modal, multi-organ organ segmentation through Unique combination of Deep and transfer learning

Auto-identify organs at risks and tumors in patients anatomy in a few minutes with medical accuracy

2



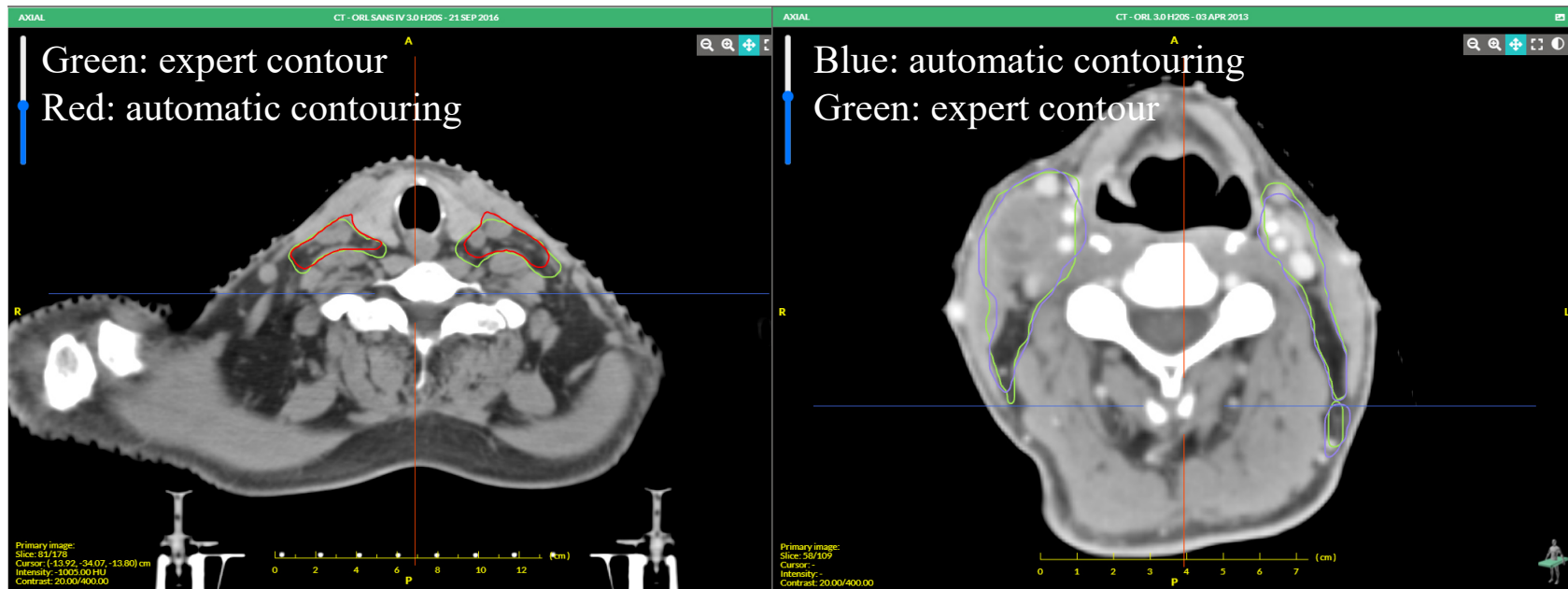
Dose Optimization:

Unique combination of parallel multi-objective Master-Slave optimization & reinforcement learning

Produce the best possible treatment plan in minutes instead of hours /days, protecting 30% more organs at risk

Could AI-based software further improve human-based processes?

Automatic nodal target volume delineation

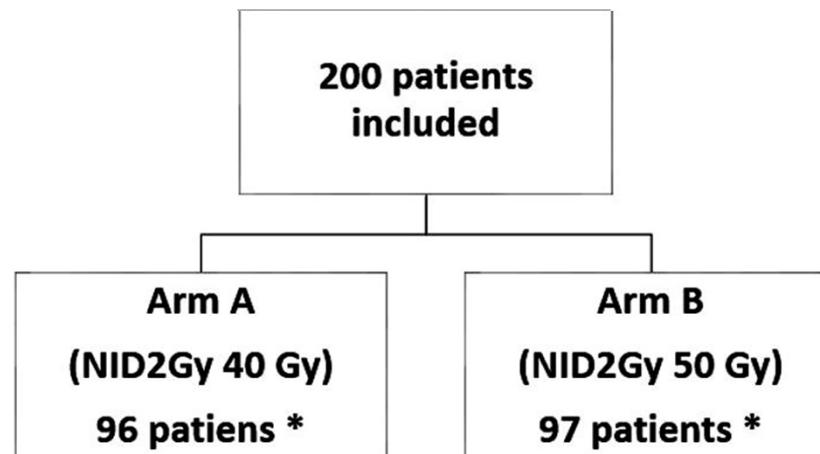


Conclusions

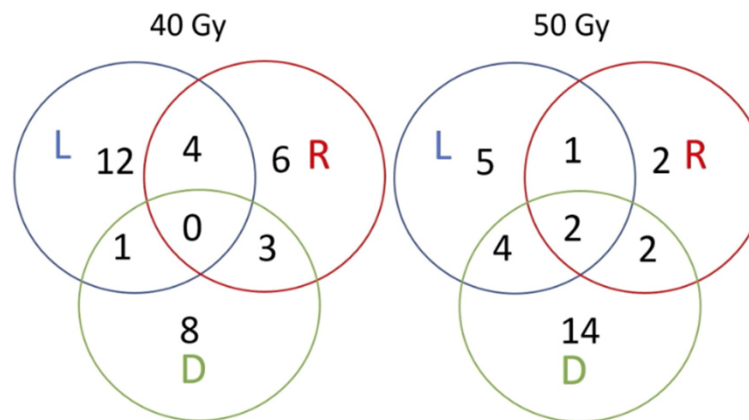
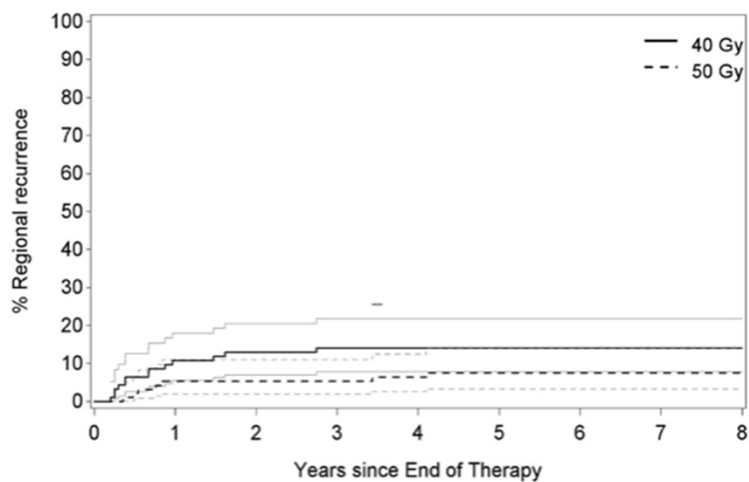
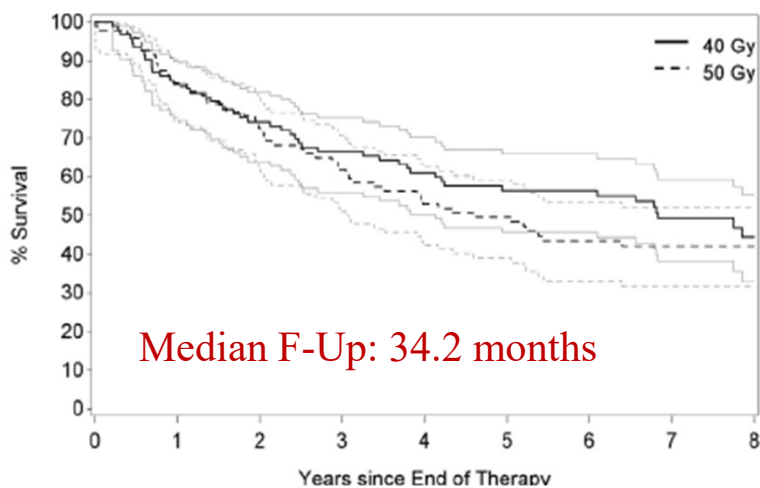
- Automatic GTV/CTV delineation in progress
- International guidelines for nodal target volume selection & delineation remain a standard of care
- Personalization of the selection of the neck node target volumes needs to be validated
- Elaboration of tools for automatic nodal target volume delineation is underway.

Optimization of the radiation dose in the elective neck

- 2008-2011
- SCC of oral cavity, oropharynx, hypopharynx, larynx and CUP
- p16- (78%) and p16+ (22%) oropharyngeal tumors
- Stage I-II (12%) and III-IV (88%)
- IMRT, 70 Gy (EQD2) on primary tumor PTV \pm concomitant CH (61%) and randomization for the elective PTV



Optimization of the radiation dose in the elective neck



Regional recurrence	13/95	7/96 (p=ns)
Regional recurrence in PTV high dose	9/95	5/96
Regional recurrence in elective PTV	2/95	2/96

Optimization of the radiation dose in the elective neck

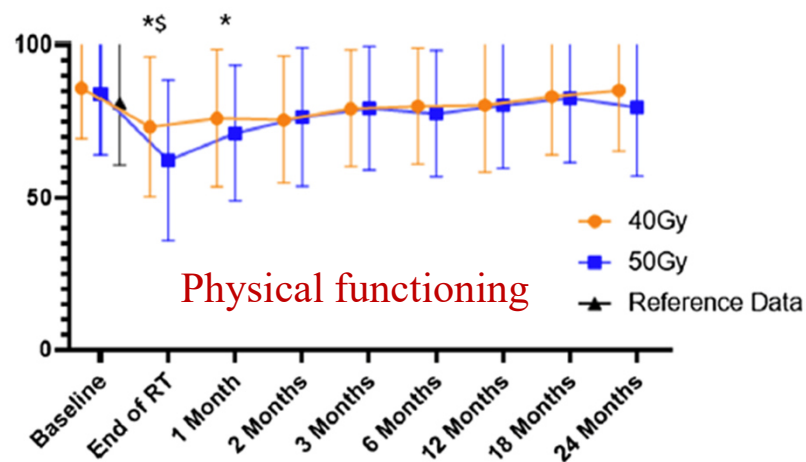
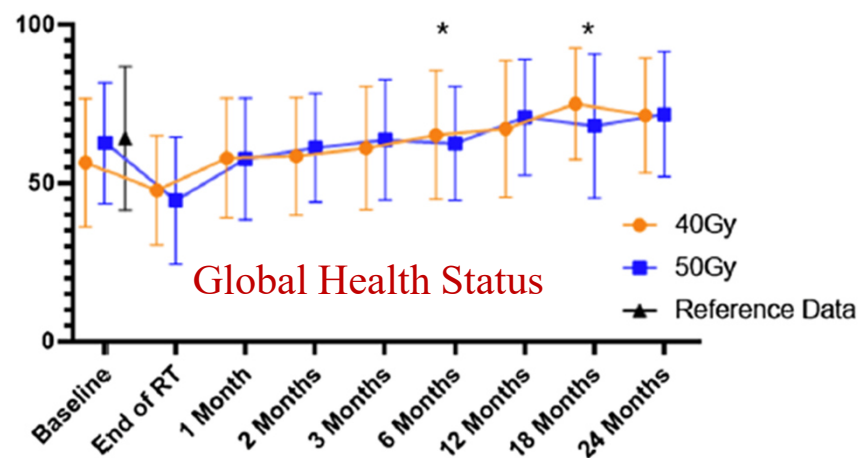
Radiation toxicity

		≥ grade1 salivary gland toxicity	Total	P(GEE)	≥ grade3 salivary gland toxicity	Total	P(GEE)
Month 6	40 Gy	55 (68.7%)	80	0.01	2 (2.5%)	80	0.7
	50 Gy	63 (86.3%)	73		3 (4.1%)	73	
Month 12	40 Gy	47 (71.2%)	66	0.23	3 (4.5%)	66	1.0
	50 Gy	53 (80.3%)	66		2 (3.0%)	66	
Month 18	40 Gy	37 (63.8%)	58	0.03	2 (3.4%)	58	1.0
	50 Gy	49 (81.7%)	60		2 (3.3%)	60	
Month 24	40 Gy	34 (63.0%)	54	0.84	1 (1.8%)	54	1.0
	50 Gy	35 (64.2%)	54		0 (0.0%)	54	

Dysphagia							
	Randomisation	G 0	G 1	G2	G3	Total	P(GEE)
Month 6	40 Gy	48 (61.5%)	27 (34.6%)	3 (3.8%)	0	78	0.06
	50 Gy	37 (51.4%)	20 (27.8%)	15 (20.8%)	0	72	
Month 12	40 Gy	45 (67.2%)	14 (20.9%)	7 (10.4%)	1 (1.5%)	67	0.21
	50 Gy	37 (56.9%)	18 (27.7%)	6 (9.2%)	4 (6.1%)	65	
Month 18	40 Gy	39 (68.4%)	12 (21.0%)	6 (10.5%)	0	57	0.16
	50 Gy	33 (55.0%)	19 (31.7%)	8 (13.3%)	0	60	
Month 24	40 Gy	39 (73.6%)	12 (22.6%)	2 (3.8%)	0	53	0.15
	50 Gy	34 (63.0%)	12 (22.2%)	6 (11.1%)	2 (3.7%)	54	

Optimization of the radiation dose in the elective neck

Quality of Life (EORTC QLQ-C30)



Neck node infiltration from H&N primaries

Sources of information

- Anatomy of the lymphatic system
- Lymph node distribution: clinical
radiological
pathological
- Pattern of failure after selective treatment

Neck node infiltration from H&N primaries

- Predictive pattern of lymph node involvement in HNSCC
- Selective neck treatment (irradiation or dissection) for selected N stage

Which CTV for the neck? Oropharyngeal Carcinoma p16-

Nodal Category (AJCC/UICC 8th ed.)	Levels to be included in CTV-N-LR	
	Ipsilateral Neck	Contralateral Neck ¹
N0-1 (in level II, III, or IV)	(Ib) ² , II, III, IVa ³ , +VIIa for posterior pharyngeal wall tumor	II, III, IVa, +VIIa for posterior pharyngeal wall tumor
N2a-b	Ib, II, III, IVa ³ , Va,b, +VIIa, +VIIb ⁴	II, III, IVa, +VIIa for posterior pharyngeal wall tumor
N2c	According to N category on each side of the neck	According to N category on each side of the neck
N3	Ib, II, III, IVa, Va,b, +VIIa, +VIIb ⁴	II, III, IVa, +VIIa for posterior pharyngeal wall tumor

² in case of extension to the oral cavity

³ Level IVb in case of infiltration in level IVa

⁴ to be included in case of bulky infiltration of upper level II

Any difference for p16-positive oropharyngeal SCC?



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Radiotherapy and Oncology

journal homepage: www.thegreenjournal.com



Original Article

Prevalence and distribution of cervical lymph node metastases in HPV-positive and HPV-negative oropharyngeal squamous cell carcinoma

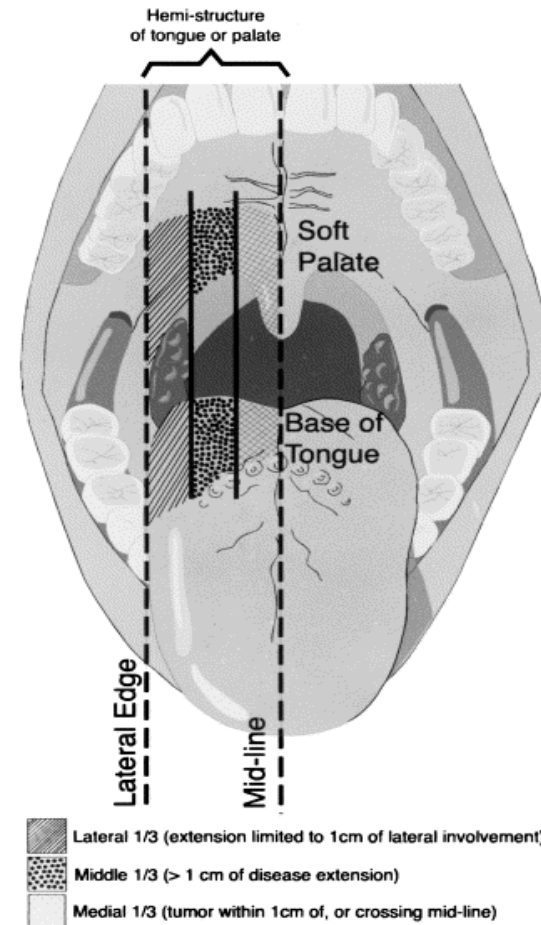


Laurence Bauwens^a, Aline Baltres^b, Danny-Joe Fiani^c, Philippe Zrounba^d, Guillaume Buiret^e, Bertrand Fleury^f, Nazim Benzerdjeb^g, Vincent Grégoire^{a,*}

Unilateral or bilateral neck treatment?

- 228 tonsil SCC: T1-T3, N0 or unilateral N+
- Unilateral wedge-pair fields
- Contralateral neck failure: 8/228 (3.5%)

Unilateral treatment if < 1 cm soft palate and/or base of tongue infiltration



Guidelines for the treatment of the neck of patients with HNSCC: unilateral - bilateral?

Unilateral treatment

- lower gum
- lateral border of mobile tongue
- lateral floor of mouth
- retromolar trigone
- Cheek
- tonsillar fossa / tonsillar pillars
- lateral wall of piriform sinus

CT-based delineation of lymph node levels in the neck (revised version 2013)

